

# SENTAC

## THE SOCIETY FOR ENT ADVANCES IN CHILDREN

### President's Message

*Ravi Elluru*

I absolutely love this time of year with the change of season, the kids in their Halloween costumes, and the prospect of seeing relatives for the holidays. Part of my fondness for this time of year comes from the fact that our SENTAC meeting is around the corner, and I will have the opportunity again to spend some quality time with my favorite friends and colleagues from around the country/world. As most of you are aware, this year's meeting will be in St. Louis, Missouri. Anthony Magit, whom I am in charge of the program this year, has put together a rich and wonderful educational experience for our group. SENTAC meetings are always fun because of its multidisciplinary membership, the opportunity for networking, and the fact that the programs are designed for interactive learning. This year's program promises to build upon the best aspects of previous meetings.

This year, our SENTAC board has focused on several items. The most important item has been to decrease the cost of running our organization, not only to provide value to our membership but also to offset decreasing corporate support. We have also attempted to develop strategies to increase our membership size, and more effectively collect membership dues. We have continued the Travel Award program to bring future SENTAC members from smaller programs, who may not be able to otherwise attend our meeting. Finally, we have developed mechanisms for philanthropic giving to SENTAC, which we will introduce at our business meeting.

It has been a sincere honor and privilege to be the president of SENTAC this year. I look forward to seeing every one of you. Safe travels to St. Louis.

### OFFICERS

#### President

Ravi Elluru, MD PhD

#### Immediate Past President

Anthony Magit, MD

#### President Elect

Julie Wei, MD

#### Treasurer

Deepak Mehta MD

#### Secretary

Julie Wei, MD

#### Secretary Elect

Patrick Barth, MD

#### Board Of Directors

Anthony Hughes, PhD

Kevin Sykes, MPH PhD

Terri Giordano, ARNP

Sharon Cushing, MD

Patrick Barth, MD

Yell Inverso, PhD

#### Historian

Julie Wei, MD

#### Meeting Planner

Cindy Freeman



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## Program Chair's Report

*Anthony Magit*

The program committee reviewed more than 110 submissions for podium and poster presentations for the 2014 program. The resulting 2014 SENTAC program is an exciting mixture of research presentations, award presentations, multi-disciplinary panels and lunch breakout sessions. More than 50 podium presentations, three panels and three SENTAC awards will constitute the majority of the plenary sessions. The panels include: "Controversies in Pediatric Oral Health," "Overcoming Barriers in Pediatric Cochlear Implantation", and a "Symposium in Honor of Linda Brodsky-Outstanding Women Contributors to Otolaryngology." Lunch sessions should offer something for every meeting attendee with topics ranging from electronic medical records, allied health professionals and dysphagia.

Friday evening will cap off a busy first day, beginning with a wine and cheese poster session followed by the banquet. Admission to the banquet will be included in your registration fee and is always a great opportunity to catch-up with old friends and make new acquaintances.

Prior to the start of the SENTAC meeting on Friday, there will be two pre-symposia on Thursday bringing together exceptional faculty from multiple institutions and disciplines beginning at 1 PM. Judith Lieu, from the host institution Washington University, will moderate a session on "Unilateral Hearing loss in Children" and Stacey Ishman will lead a session on "Pediatric Sleep Disorders." Please register for these sessions in advance.

I am looking forward to seeing you in St. Louis and do not hesitate to contact me if you have any questions about the program.

[amagit@rchsd.org](mailto:amagit@rchsd.org)



## Annual Meeting

December 4<sup>th</sup> – 7<sup>th</sup>

Hyatt Regency at the St. Louis Arch

[Meeting Schedule](#)

## Treasurer's Report

*Deepak Mehta*

Greetings! This is my first year as treasurer of SENTAC, and I appreciate all the hard work put in by my predecessors to keep the association both financially and academically viable. This is the first year we have raised our membership fee from \$100 to \$125 and I am glad for the continued support of all our members. We will have to work towards making our dollars work most effectively. SENTAC has made a concerted effort to make sure that we contain the costs of our meeting to make it affordable for all. It is extremely important to stay focused on the goals set forth by SENTAC and contribute to its academic agenda as well as remaining fiscally prudent.

SENTAC's success is only possible through the continued efforts of our membership drives, and it is our responsibility to spread the word about the advantages of being a member. I would request every member to reach out to at least one colleague from any of the disciplines including speech, audiology, genetics, pediatrics, and ENT to join our society. We will continue to support our research grant and travel awards in

order to attract new members. Our membership has remained steady in the last year, and the multi-disciplinary character of our society remains consistent.

Our society will face several financial challenges over the next several years. As our membership grows, we will have a need for additional administrative support and infrastructure to allow high quality and consistent services to our members. Additionally, secondary to the changing medical economics, we have and will continue to face decreasing corporate support for our annual meeting. The SENTAC board would appreciate the general memberships input to generate additional revenue streams to maintain the long-term financial stability of our organization.

In essence, I hope you are enjoying this beautiful fall season. I also hope that you are looking forward to the meeting as much as I am.

Looking forward to seeing all of you in December!

## Secretary's Report

*Julie Wei*

This year, I have received and reviewed 15 applications for new membership from various interdisciplinary professionals: 6 MDs, 7 Advanced Nurse Practitioners, 1 PhD, and 1 PA-C. This is a decrease compared to 22 applications from 2013 and 26 in 2012. Please encourage interested colleagues, *especially audiologists*, to attend SENTAC and apply for membership. Our organization's rich history, robust meeting content, and vitality is dependent on energetic and committed members from all disciplines. I hope all of you will continue to encourage not only residents and fellows to participate and become members, but especially our colleagues from tertiary centers who have not been active in our society. We all face the challenges of ever decreasing financial support for CME and meeting attendance, especially for our non-MD attendees and members. With resolve and

creativity I know we can come up with great ideas to help support their travels to our annual meeting. I look forward to a great meeting in St. Louis, always a wonderful way to start the festive month of December and celebrate another great year!



ASPO Sponsored Resident/Fellow Education Conference, Nemours Children's Hospital - September 2014

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# SENTAC Pre-conference Symposia

Thursday 12/4/2014

## Pediatric Sleep Disorders

Moderator: Stacey Ishman, MD, MPH

- 1:00-1:30pm **Evaluation of persistent pediatric OSA: physical exam, DISE (drug induced sleep endoscopy), cine MRI**  
Sally Shott, MD
- 1:30-2:00pm **Treatment of persistent pediatric OSA: Current pediatric data**  
Norman Friedman, MD
- 2:00-2:30pm **Treatment of persistent pediatric OSA : Translation from the adult world**  
Scott Brietzke, MD, MPH
- 2:30-3:00pm **Perioperative care of the child with OSA: Pain control , emergence agitation, and medication for DISE**  
Nicholas Dalesio, MD
- 3:00-3:15pm Break
- 3:15-5:15pm **Case-based Approach to Controversial Topics in Pediatric SDB**  
Case Topics To Include
- Protocols for drug induced sleep endoscopy
  - Issues involved in starting a sleep cine MRI program
  - DISE as a stand-alone procedure or coupled with surgery
  - Extended sleep surgery–staged or in combination
  - Admission criteria–guidelines and actual practice
- Faculty & Audience

## Unilateral Hearing Loss in Children

- 1:00-1:30pm **Introduction, Consequences of UHL In Children**  
Judith Lieu, MD MSPH
- 1:30-2:00pm **Children With Unilateral Aural Atresia**  
Bradley Kesser, MD
- 2:00-2:30pm **Etiology And Imaging of UHL**  
John Germiller, MD PhD
- 2:30-2:45pm **Break**
- 2:45-3:15pm **Cognition And UHL In Children**  
Vincent Schmithorst, PhD
- 3:15-3:45pm **Hearing Aids In Children With UHL**  
Lori Garland, MS, CCC-A
- 3:45-4:15pm **Use Of Bone Conduction Aids And Cochlear Implants In Children With UHL**  
Sharon Cushing, MD MSC
- 4:15-5:00pm **Case Discussion**

## SENTAC Program 2014

Friday 12/5/2014

7:00-8:00am **Breakfast**

8:00-8:15am **Welcome by President and Program Chair**

### Session #1: Otology

Moderator: Audie Woolley, MD

8:15-8:23am **Transcutaneous Bone Conduction Devices Demonstrate Benefit In Children With Unilateral Hearing Loss**

Sharon Cushing

8:23-8:31am **Incidence Of Congenital Cholesteatoma In Persistent Unilateral Glue Ear In Children**

Alok Sharma

8:31-8:39am **Pediatric Cholesteatoma: The Effect Of Age On Recurrence Rates And Hearing Outcomes**

Philip Gaudreau

8:39-8:45am **Discussion**

8:45-8:53am **Balance Is Impaired In Children With Unilateral Hearing Loss**

Nikolaus Wolter

8:53-9:01am **Outcomes Of Cochlear Implantation In Children With Auditory Neuropathy As Compared To Sensorineural Hearing Loss**

Jay Wohlgernter

9:01-9:09am **The Role Of Routine Hearing Screening In Pediatric Cystic Fibrosis Patients Treated With Aminoglycosides: A Systematic Review**

Zainab Farzal

9:09-9:20am **Discussion**

9:20-10:00am **Steven Gray Humanitarianism Award: Kenneth Grundfast**

10:00-10:30am **Break**

### Session #2: Craniofacial

Moderator: Cindy Solot, MA,CCC/SLP

10:30-10:38am **Brain Malformations In 22Q11.2 Deletion Syndrome**

Tom Zhou

10:38-10:46am **Lowering The Cost Of Cleft Palate Care In The First Year Of Life: A Comparison Between Single-Surgeon And Two-Surgeon Models**

David Bick

10:46-10:54am **Obstructive Sleep Apnea In Trisomy 21 Patients: Comparing Adenotonsillectomy With And Without Supraglottoplasty**

Jeremy Prager

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10:54–11:06am **Injectable Cell-Scaffold System For Bone Regeneration**  
Umadevi Kandalam Cleft Palate Award Recipient

11:06–1:18am **Discussion**

### **Session #3: Tonsils and adenoids**

Moderator: Sanjay Parikh, MD

11:18–11:26am **Comparison Of Adenoid And Nasal Turbinate Mucosa Biopsy Sites For Ciliated Epithelium In Children With Chronic Sinusitis**  
Christine Kim

11:26–11:34am **Tonsillectomy For PFAPA Syndrome: A Comparison Of Total Vs. Intracapsular Tonsillectomy**  
Lindsey Goldstein

11:34–11:42am **Deep Tonsil Cultures Of Patients With Pediatric Autoimmune Neuropsychiatric Disorders Associated With Streptococcal Infection**  
Mark Russo

11:42–11:50am **Discussion**

11:50–12:30pm **Panel: "Symposium in Honor of Linda Brodsky-Outstanding Women Contributors to Otolaryngology"**  
Moderator: Robert Ruben , MD  
Ellen Friedman, MD  
Nina Yoshpe, MD  
Sally Shott, MD  
Julie Wei, MD

12:30–1:00pm **Pick-up lunches**

1:00–2:00pm **Lunch panels**  
**Panel 1: Electronic Medical Records**  
Wen Jiang, MD  
David Molter, MD  
  
**Panel 2: Dysphagia in infants and children**  
Jeffrey Simons, MD  
Sylvia Choi, MD  
Ashley O'Neill, SLP  
David White, MD  
  
**Panel 3: Allied Health Professionals**  
Denise Lago, PA  
Linda Miller Calandra, MSN, CRNP  
Sanjay Parikh, MD

### **Session #4: General**

Moderator: Stephanie Zacharias, PhD

2:15–2:23pm **A Team Based Approach To Improving Tracheostomy Education**  
Cynthia Jennings

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- 2:23–2:31pm **The Role Of Pore-Op Vascular Imaging In Velocardiofacial Syndrome Patients Undergoing Pharyngeal Surgery: A Systematic Review**  
Derek WU
- 2:31–2:39pm **Extra-Pulmonary Head & Neck Tuberculosis In Children Of The Developed World- An Old Enemy Revisited**  
Shazia Peer
- 2:39–2:50pm **Discussion**
- 2:50–3:30pm **Sylvan Stool Teaching and Service Award: Seth Pransky, MD**
- 3:30–4:00pm **Break**

**Session #5: General**

Moderator: Kenneth Whittmore, MD

- 4:00–4:08pm **Velocardiofacial Syndrome And Hearing Loss**  
Tyler Mingo
- 4:08–4:16pm **Velopharyngeal Dysfunction In Patients With 22Q11.2 Deletion Syndrome Part 1: Demographics And Management Of Submucosal Cleft**  
Kaitlyn Paine
- 4:16–4:24pm **Velopharyngeal Dysfunction In Patients With 22Q11.2 Deletion Syndrome Part 2: Pre-Operative Testing And Airway Management**  
Kaitlyn Paine
- 4:24–4:32pm **Autism Spectrum Disorder: Recommendations For Perioperative Management**  
Sheh Biyani
- 4:32–4:40pm **Discussion**
- 4:40–5:30pm **Panel: Controversies in Pediatric Oral Health**  
David Darrow, MD, DDS  
Donald V. Huebener, DDS, MS  
Craig S. Hollander, DDS  
Lynn Marty Grames, MA, SLP-CCC  
Joan Arvedson, PhD, SLP-CCC  
Susan W. Hatcher, RN, BSN, IBCLC
- 6:00–7:15pm **Wine and Cheese Poster Reception**
- 7:30–9:30pm **Banquet**
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7:00–8:00am **Members Business Meeting**

7:00–8:00am **Breakfast**

8:00–8:05am **Announcements**

**Session #6: Airway**

Moderator: Joseph Dohar, MD

8:05–8:13am **Office-Based Long-Range Optical Coherence Tomography Of The Pediatric Upper Airway: Objective Analysis Of Airway Obstruction**

Giriraj Sharma

8:13–8:21am **Temporal Trends In Inpatient Pediatric Sleep Apnea Surgery: 1193-2010**

Ishman

8:21–8:29am **Office Based Subglottic Evaluation In Children With Risk Of Subglottic Hemangioma**

Robert Chun

8:29–8:37am **The Utility Of Polysomnography In Determining Laryngomalacia Severity**

Jacqueline Weinstein

8:37–8:50am **Discussion**

8:50–9:30am **Robert Ruben Scientific Achievement Award: Jonathan Perkins, DO**

**Session # 7: General**

Moderator: Paul Hong, MD

9:30–9:38am **A Systematic Review Of The Evidence Of Spontaneous Resolution Of Laryngomalacia And Its Symptoms**

Soon Sue Rene

9:38–9:46am **Perioperative Management Of Infants Requiring Tracheostomy: A Single Center Experience**

9:46–9:54am **Development Of Infant Ventilator Care At An Extended Care Facility: Cost Analysis**

Harlan Muntz

9:54–10:02am **Role Of Diagnostic Laryngoscopy And Bronchoscopy In Recurrent Croup**

Douglas Johnston

10:02–10:15am **Discussion**

10:15–10:45am **Break**

**Session #8: Otology/Audiology**

Moderator: Judith Lieu, MD

10:45–10:53am **Three Dimensional Temporal Bone Printing-Real World Applications**

Adva Buzi

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- 10:53–11:01am **The Accuracy Of 226 HZ And 1000 HZ Tympanometry In Children With Down Syndrome**  
Kayla Tran
- 11:01–11:09am **Music Perception In Children With Bilateral Cochlear Implants**  
Shazia Peer
- 11:09–11:20am **Discussion**
- 11:20–12:10pm **Panel: Overcoming Barriers in Pediatric Cochlear Implantation**  
David Chi, MD  
Sharon Cushing, MD  
Pam Dickinson, MS, CCC-A  
Vicky Papaioannou, M.Cl.Sc.  
Gillian Lieberman, MSW

**Session #9: General**

Moderator: Harlan Muntz, MD

- 12:10–12:18pm **Sialorrhea/Aspiration Control-Minimally Invasive Strategy Uncomplicated By Anticholinergic Drug Tolerance Or Tachyphylaxis**  
Joseph Dohar
- 12:18–12:26pm **Exploring Patient Satisfaction With Interdisciplinary Care Of Complex Feeding Problems**  
Claire Kane Miller
- 12:26–12:34pm **Association Of MRI Findings And Dysphagia In Patients Evaluated In A Multi-Disciplinary Aerodigestive Program**  
Jeremy Prager
- 12: 34–12:45pm **Discussion**

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*Sunday 12/7/2014*

- 7:00–8:00am **Breakfast**

**Session #10: General**

Moderator: Anthony Magit, MD

- 8:00–8:08am **E-Cigarettes: Considerations For The Otolaryngologist**  
Sneh Biyani
- 8:08–8:16am **Management Of Pediatric Patients With Isolated Langerhans Cell Histiocytosis Bone Lesion In The Head & Neck**  
Abdullah Alarfaj
- 8:16–8:24am **Management Of Recurrent Thyroglossal Duct Cyst: A Systematic Review**  
Mohadded AlNoury

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8:24–8:32am	<b>Development Of A Multidisciplinary Pediatric Thyroid Center</b> Jeffrey Simons
8:32–8:45am	<b>Discussion</b>
8:45–8:53am	<b>Complications Of Pediatric Tracheotomy: A 13 Year Review</b> Jill D’Souza
8:53–9:01am	<b>Open Airway Surgery For Management Of Subglottic Hemangioma In The Era Of Propranolol: Is It Still Indicated</b> Bianca Siegel
9:01–9:09am	<b>Decision Making In An Upper Airway Clinic: Evidence Versus Experience</b> Stacey Ishman
9:09–9:17am	<b>Unilateral Vocal Cord Paralysis, A Rare Complication Of Button Battery Ingestion: A Case Report And Review</b> Vincent Zizak
9:17–9:30am	<b>Discussion</b>
<b>Session #11</b>	
	Moderator: Thierry Morlet, MD
9:30–9:38am	<b>Charge Syndrome Clinical Database Project (CSCDP): Ear And Hearing Findings From A Web-Based Parent Report Database</b> Margaret Hefner
9:38–9:46am	<b>Prospective Comparison Of Bone Conduction Devices In Pediatric Patients With Hearing Loss</b> Stephanie Warrington
9:46–9:54am	<b>Non-Functional Tympanostomy Tubes: Chart Review Of 2300 Patient In A Year Period</b> Kenneth Whitemore
9:54–10:00am	<b>Discussion</b>
10:00–10:30am	<b>Break</b>
<b>Session #12</b>	
	Moderator: Ravindra Elluru, MD
10:30–10:38am	<b>Prevalence Of Smoke Exposure Amongst Children Who Undergo Tonsillectomy For Recurrent Tonsillitis</b> Hetal Patel
10:38–10:46am	<b>Improving Outcomes In A High-Output Pediatric Otolaryngology Practice</b> John Carter
10:46–10:54am	<b>Defining Identifying, And Addressing Congenital Amusia In The Pediatric Population</b> Lyndy Wilcox
10:54–11:02am	<b>The Effectiveness Of Nurse-Led Outpatient Referral Triage Decision Making</b> Cathy Beaton-Campbell

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- 11:02-11:15am **Discussion**
- 11:15-11:33am **A One Year Retrospective Review Of Hospitalization Of Children 2-3 Years Old Who Underwent A Tonsillectomy**  
Pamela Salgado
- 11:33-11:41am **Factors Associated With Tracheotomy And Decannulation In Pediatric Patients With Bilateral Vocal Cord Paralysis**  
Ryan Funk
- 11:41-12:00pm **Discussion**
- 12:00pm **Concluding remarks**  
Outgoing and incoming SENTAC Presidents
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## Things to Do in St. Louis

### *Restaurants*

#### **Bailey's Chocolate Bar**

Dessert, Cheeses, American  
1915 Park Avenue, St. Louis, MO 63104  
314-241-8100 / [www.baileyschocolatebar.com](http://www.baileyschocolatebar.com)

#### **Bailey's Range**

Burgers and shakes  
920 Olive Street, St. Louis, MO 63101  
314-241-8121 / [www.baileysrange.com](http://www.baileysrange.com)

#### **Blondie's Coffee and Wine Bar**

Wine Bar, American, Breakfast & Brunch  
1301 Washington Avenue St. Louis, MO 63103 314-  
241-6100 / [www.blondiestl.com](http://www.blondiestl.com)

#### **Bridge -Tap House & Wine Bar**

Tap House and Wine Bar  
1004 Locust Street, St. Louis, MO 63101  
314-241-8141 / [www.thebridgestl.com](http://www.thebridgestl.com)

#### **Caleco's Bar and Grill**

Italian, Bar and Grill  
101 N Broadway, St. Louis, MO 63102  
314-421-0708 / [www.calecos.com](http://www.calecos.com)

#### **Carmine's Steakhouse**

Steakhouse  
20 S. 4<sup>th</sup> Street, St. Louis, MO 63102  
314-241-1631 [www.lombardosrestaurants.com](http://www.lombardosrestaurants.com)

#### **Cielo's Restaurant & Bar**

Upscale Italian  
999 N. 2<sup>nd</sup> Street, St. Louis, MO 63102  
314-881-5800 / [www.cielostlouis.com](http://www.cielostlouis.com)

#### **Copia Restaurant and Wine Garden**

American, Fine Dining  
1122 Washington Avenue, St. Louis, MO 63101 314-  
241-9463 / [www.copiestl.com](http://www.copiestl.com)

#### **Death in the Afternoon**

Lunch, American  
808 Chestnut Street, St. Louis, MO 63101  
314-621-3236 / [www.deathintheafternoonstl.com](http://www.deathintheafternoonstl.com)

#### **Element**

New American  
1419 Carroll Street, Saint Louis, Missouri 63104 314-  
241-1674 / <http://www.elementstl.com/>

#### **Eleven Eleven Mississippi**

Rustic Tuscan Cuisine  
1111 Mississippi. St. Louis, MO 63104  
314-241-9999 / [www.1111-m.com](http://www.1111-m.com)

#### **Franco**

Modern French  
1535 S 9<sup>th</sup> Street, St. Louis, MO 63104  
314-436-2500 / [www.eatatfranco.com](http://www.eatatfranco.com)

#### **Neveria La Vallesana (Cherokee Street)**

Casual Mexican  
2801 Cherokee Street, St. Louis, MO 63118  
314-776-4223

#### **Lombardo's Trattoria**

Italian  
201 S 20<sup>th</sup> Street, St. Louis, MO 63103  
314-621-0666 [www.lombardosrestaurants.com](http://www.lombardosrestaurants.com)

#### **Mango**

Peruvian  
1101 Lucas Avenue, St. Louis, MO 63101  
314-621-9993 / [www.mangoperu.com](http://www.mangoperu.com)

#### **McGurk's**

Irish Pub  
1200 Russell Blvd, St. Louis, MO 63104 / 314-776-  
8309 / [www.mcgurks.com](http://www.mcgurks.com)

#### **Mike Shannon's Steaks and Seafood**

Steak, American  
620 Market Street, St. Louis, MO 63101 / 314-421-  
1540 / [www.shannonsteak.com](http://www.shannonsteak.com)

#### **Over/Under**

Sports Bar, American  
911 Washington Avenue, St. Louis, MO 63101 / 314-  
621-8881 / [www.overunderstl.com](http://www.overunderstl.com)

#### **Pappy's Smokehouse**

Memphis style BBQ  
3106 Olive St, St Louis, MO 63103 / (314) 535-4340 /  
[www.pappysmokehouse.com](http://www.pappysmokehouse.com)

**Pi Pizzeria**

Pizza  
610 Washington Avenue, St. Louis, MO 63101 /  
314-588-7600 / [www.pi-pizza.com](http://www.pi-pizza.com)

**Rooster**

Breakfast, brunch, lunch  
1104 Locust Street, St. Louis, MO 63101 / 314-241-  
8118 / [www.roosterstl.com](http://www.roosterstl.com)

**Rosalita's Cantina**

Tex-Mex  
1235 Washington Avenue, St. Louis, MO 63103 /  
314-621-2700 / [www.rosalitascantina.com](http://www.rosalitascantina.com)

**Sauce on the Side**

Gourmet Calzones  
903 Pine Street, St. Louis, MO 63101 / 314-241-5667  
/ [www.eatcalzones.com](http://www.eatcalzones.com)

**Three Sixty**

Rooftop Bar, American  
1 S Broadway, St. Louis, MO 63102 / 314-241-8439  
/ [www.360-stl.com](http://www.360-stl.com)

**WheelHouse**

Sports Bar  
1000 Spruce Street, St. Louis, MO 63102 / 314-833-  
3653 / [www.wheelhousestl.com/downtown](http://www.wheelhousestl.com/downtown)

*Attractions*

*If you're a sports fan:*

**Busch Stadium tour**  
314-345-9565 /  
<http://stlouis.cardinals.mlb.com/stl/ballpark/tours>  
Public tours offered daily at 11am and 12:30pm

**St. Louis Cardinals Hall of Fame Museum** (in

Ballpark Village)  
314-345-9880 /  
<http://cardinals.mlb.com/stl/cardinals-nation/hof.jsp>  
Open daily 10am-8pm

*If you're a kid at heart:*

**City Museum**  
314-231-2489 / [www.citymuseum.org](http://www.citymuseum.org)  
Fri-Sat 9am to Midnight, Sunday 11am to 5pm

*If you like history and monuments:*

**The Gateway Arch and Jefferson Memorial**  
877-982-1410 / [www.gatewayarch.com](http://www.gatewayarch.com)  
Open daily 9am-6pm

**Old Courthouse**

877-982-1410 / [www.gatewayarch.com](http://www.gatewayarch.com)  
Open daily 8am-4:30pm

*If you're a gambler:*

**Lumier Place Hotel and Casino** (includes dining  
and entertainment)  
877-450-7711 / [www.lumiereplace.com/casino](http://www.lumiereplace.com/casino)  
Open daily

*If you like art:*

**Contemporary Art Museum**  
314-535-4660 / <http://camstl.org>  
Thu-Fri 11am-9pm; Saturday 10am-5pm

**City Garden** (outdoor)

314-241-3337 / [www.citygardenstl.org](http://www.citygardenstl.org)  
Open daily

*If you're a Blues, jazz or music fan:*

**1860's Saloon and Hard Shell Café**  
314-231-1860 / [www.soularddining.com](http://www.soularddining.com)  
Mon-Sat 11am-1am; Sun 11am-Midnight

**BB's Jazz, Blues and Soups**

314-436-5222 / [www.bbsjazzbluessoups.com](http://www.bbsjazzbluessoups.com)  
Mon-Sun 6am-3am

**Beale on Broadway**

314-621-7880 / [www.bealeonbroadway.com](http://www.bealeonbroadway.com)  
Daily 7pm-3am

**Broadway Oyster Bar**

314-621-8811 / [www.broadwayoysterbar.com](http://www.broadwayoysterbar.com)  
Fri-Sat 11am-3am; Sun-Thu 11am-1:30am

**Hammerstones**

314-773-5565 / [www.hammerstones.net](http://www.hammerstones.net)  
Mon-Sat 8am-1:30am; Sun 9am-Midnight

*If you're a Beer drinker:*

**Anheuser Busch Brewery Tour**  
314-577-3559 / [www.budweisertours.com](http://www.budweisertours.com)  
Mon-Sat 10am-4pm; Sun 11:30am-4pm

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*If you like weird dinner theater:*

**Royal Dumpe Dinner Theatre**

314-621-5800 / [www.royaldumpe.com](http://www.royaldumpe.com)

Friday: Doors open at 7pm, show at 7:45pm;

Saturday: Doors open at 5:15pm, show at 6pm

Other areas to go for food or entertainment:

Ballpark village, Washington Avenue, Laclede's  
Landing, Lafayette Square, Cherokee Street, Grand  
Avenue

Other things to do:

<http://explorestlouis.com/visit-explore/discover/25-things-to-do-in-st-louis/>

